

# Summit K-6 Volleyball

**Participants:** Girls in grades 3 through 6

**League:** CYO – Greater Cincinnati Catholic Youth Organization  
[www.cyosports.org](http://www.cyosports.org)

**Summit Youth Volleyball Program:** Our primary focus for this program is to teach the basic fundamental skills of volleyball, teamwork, good sportsmanship. We hope the children learn the importance of participating on a team with old and new friends, the benefit of physical activity on their health, and simply have fun in the process.

**Season/ Practice Schedule:** The season will begin with practices the first week of December. Practices will be in the evenings at the Complex. Days of Practices are determined at the convenience of the volunteer coaches. Games will begin the first full week in January. Game schedules will be available December 16<sup>th</sup>. Games are usually on Saturdays and Sundays. We have had a rare evening game.

**Coaches/Volunteers:** The success of this program is due in part to the participation of parents. Your help is necessary to the continued growth of the Volleyball Program. Coaches, Asst. Coaches or Team Coordinators may sign up by checking the appropriate positions. Your help is greatly appreciated! We will have a Coaching Clinic @ the Summit lead by the Varsity Volleyball Coach. All equipment will be provided to the Coaches.

**Registratio Deadlines:** ALL REGISTRATIONS ARE DUE NO LATER THAN **October 10, 2009!!!** Registration Forms and CYO Release Forms are available on the Summit Athletics website.

Please fill out all information and sign appropriate releases.

All Registrations and Release Forms with Fees are to be mailed to the Summit c/o Boosters. You may also drop them off in the Lower and/or Middle School Offices.

**Fees:** Fees for volleyball are \$90.00. Fees cover cost for team equipment, uniforms, referee fees, tournament fees and end of year party.  
PLEASE MAKE ALL CHECKS PAYABLE TO: SUMMIT BOOSTERS

**Uniforms:** The uniforms will include new jerseys, loose fitting biker short type shorts.

**Forms:** Summit: Girls Volleyball Sign-up Sheet  
CYO: Release form

**Commissioner:** Amy Russert 513-910-9612/ 513-321-7386  
[azrussert@totalprosource.com](mailto:azrussert@totalprosource.com)

CYO Website: <http://www.cyosports.org>  
Schedules, standings, rules, directions